

## Summary

Breakdown of perturbative nonlinear optics

- Harmonic generation in gases
- Multiphoton ionization
- Strong field effects
  - Above threshold ionization
  - High Harmonic Generation
  - Non-sequential double ionization

3 step model of High Harmonic Generation

1. Tunneling
2. Acceleration
3. Recombination
4. Cutoff and plateau harmonics

# Advanced Radiation Sources - PHSY761

## Lecture 07

12 November

2024

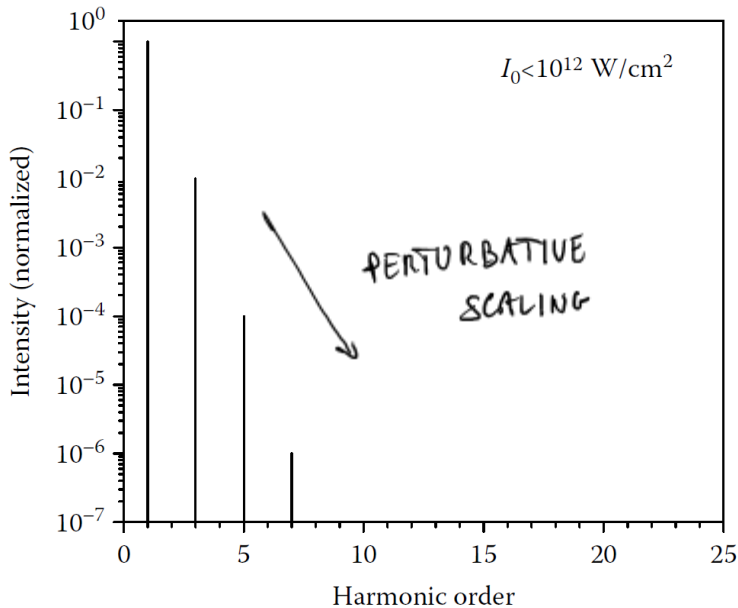
Perturbative nonlinear optics:

$$\mathcal{P} = \varepsilon_0 \left[ \chi^{(1)} \mathcal{E} + \chi^{(2)} \mathcal{E}^2 + \chi^{(3)} \mathcal{E}^3 + \dots \right]$$

Can we use these perturbative phenomena to generate short-wavelength pulses?

- Coherent sources where no lasing transitions are available
- Spectroscopy studies of matter with short pulses
- Table-top sources vs large facilities

## Expected scaling law in the perturbative regime:



$$\mathcal{P} = \epsilon_0 [\chi^{(1)} \mathcal{E} + \chi^{(2)} \mathcal{E}^2 + \chi^{(3)} \mathcal{E}^3 + \dots]$$

Intensity scaling:

$$I_{2\omega}(t) \propto I_{\omega}^2(t)$$

$$I_{q\omega} \propto I^q(t)$$

Pulse duration scaling:

$$\tau_{2\omega} = \frac{\tau_{\omega}}{\sqrt{2}}$$

$$\tau_{q\omega} = \frac{\tau_{\omega}}{\sqrt{q}}$$

- Possible to generate short pulses!

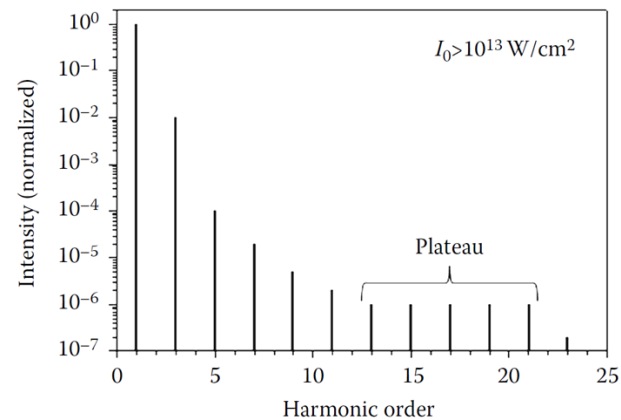
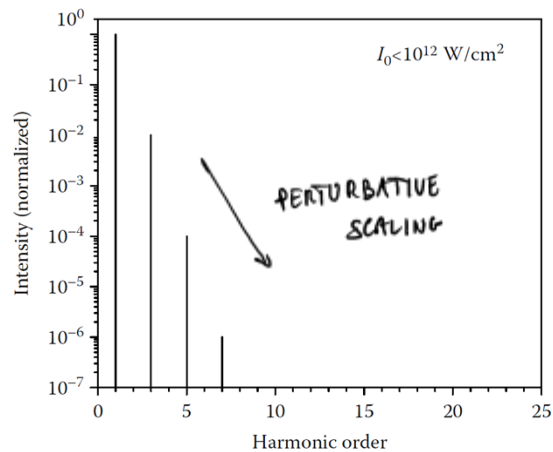
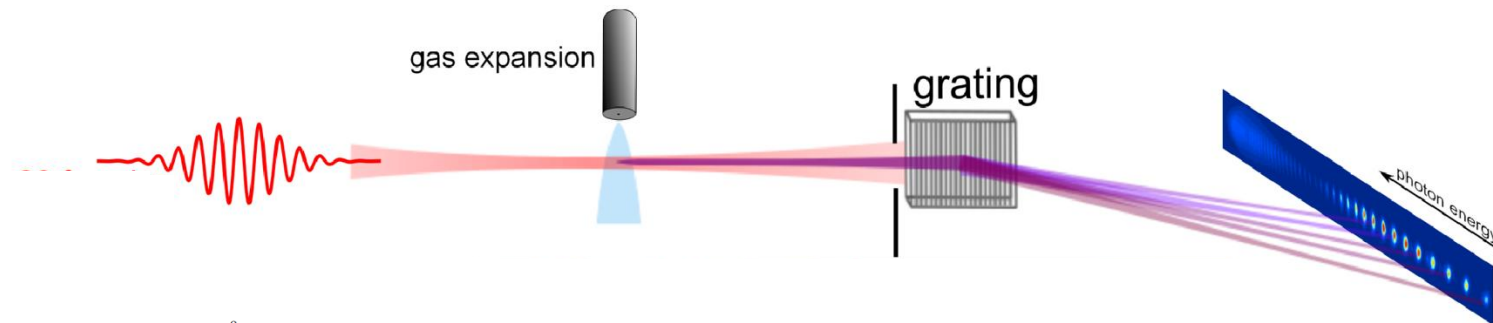
To observe a high-order process the intensity has to be increased!

$$\frac{\mathcal{P}^n}{\mathcal{P}^{n-1}} \sim \frac{\chi^{(n)}}{\chi^{(n-1)}} \mathcal{E} \sim \frac{\mathcal{E}}{E_{\text{at}}} \ll 1 \quad E_{\text{at}} = \frac{e}{a_0^2} = \frac{e}{(\hbar^2/m_e^2)^2}$$

$$I_{\text{at}} = \frac{c}{8\pi} E_{\text{at}}^2 = 4 \times 10^{16} \text{ W/cm}^2$$

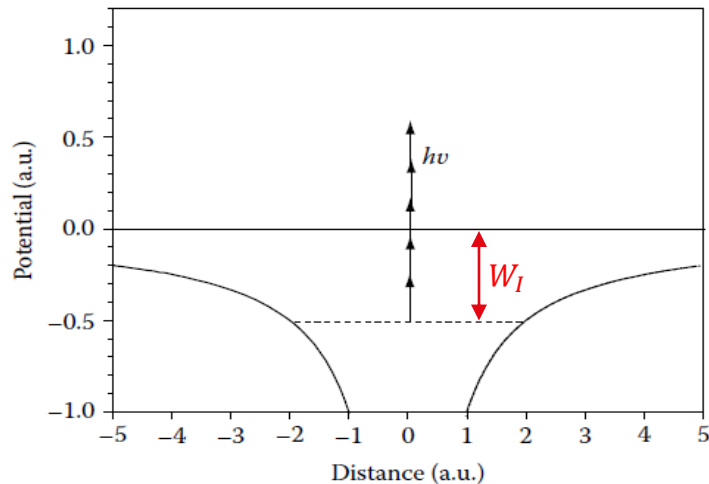
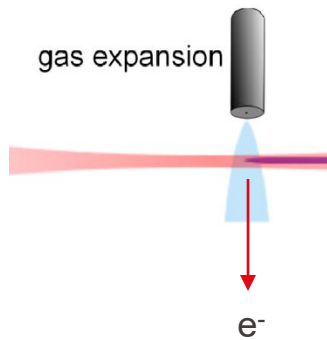
$$\left| \begin{array}{l} \text{FOR } 10^{13} \text{ W/cm}^2 \\ E/E_{\text{at}} \sim 10^{-2} \end{array} \right|$$

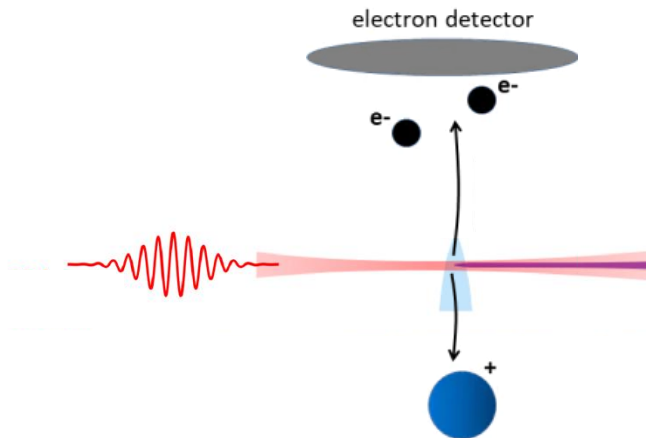
- Damage threshold of bulk optical materials  $\approx 100 \text{ GW/cm}^2$ : only **gases can withstand higher intensities.**



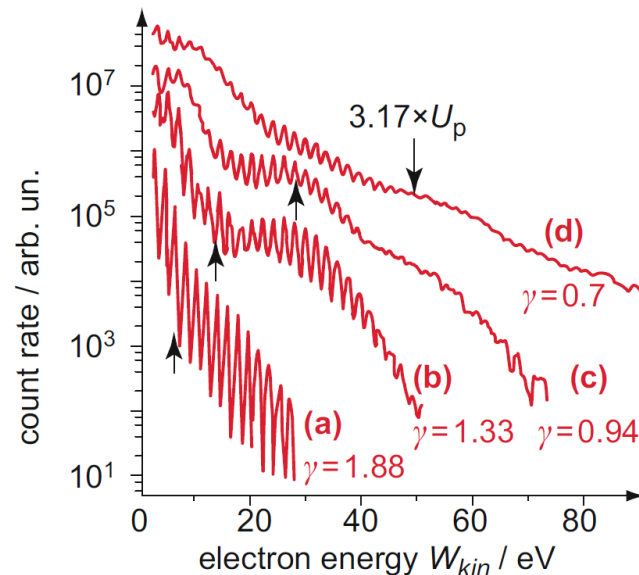
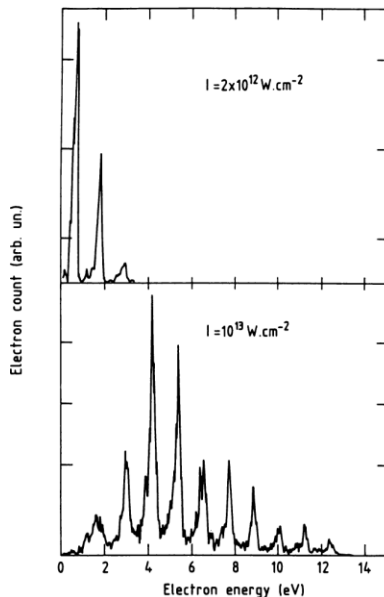
- At intensities approaching  $\approx 10^{13} \text{ W/cm}^2$  the perturbative description fails.

- Atoms can be ionized by a multiphoton process of high order!
- Photoelectrons and positive ions are created for  $\hbar\omega \sim 1 \text{ eV} \ll W_I \sim 10 \text{ eV}$





- Photoelectrons and photoions emission



KELDYSH parameter  $\gamma = \sqrt{\frac{W_I}{2U_p}}$

- Keldysh parameter
  - $\gamma > 1$  perturbative MPI
  - $\gamma < 1$  non-perturbative ATI

## $U_p$ ponderomotive energy:

Classical electron in a periodic E field:

$$m_e \frac{dv}{dt} = e E_0 \cos \omega t$$

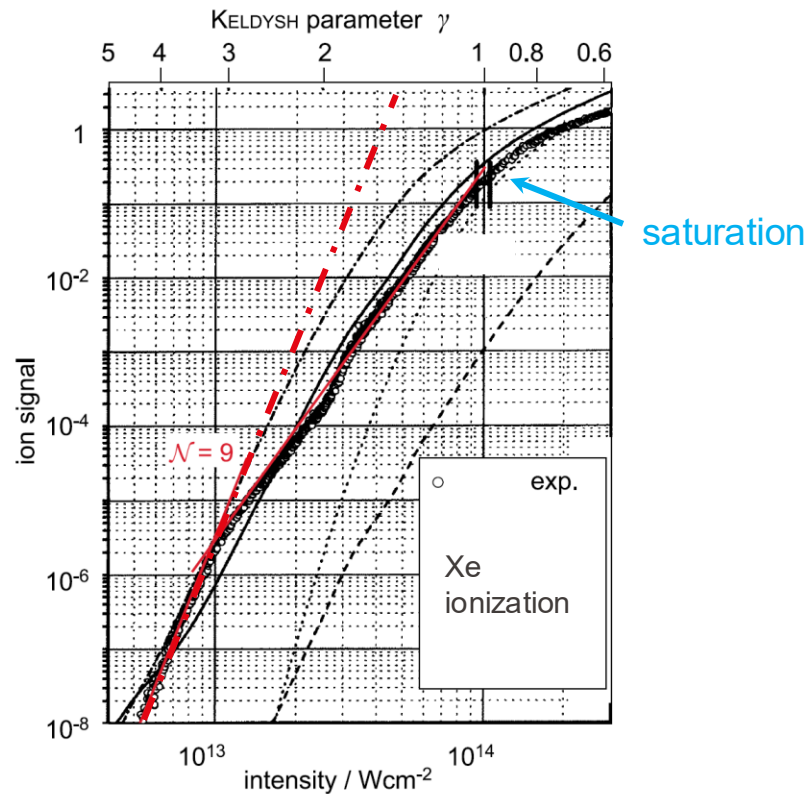
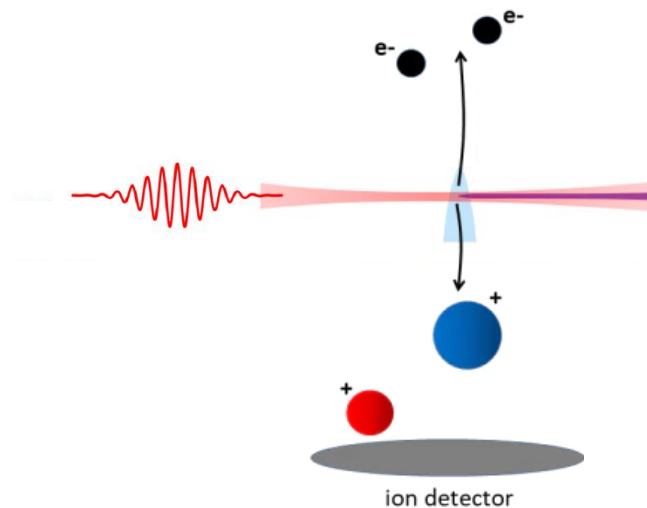
$$\begin{cases} \chi(0) = 0 \\ v(0) = 0 \end{cases}$$

$$v(t) = \frac{e E_0}{m_e \omega} \sin \omega t \quad \Rightarrow \quad \frac{1}{2} m_e v^2 = \frac{e^2 E_0^2}{2 m_e \omega^2} \sin^2 \omega t$$

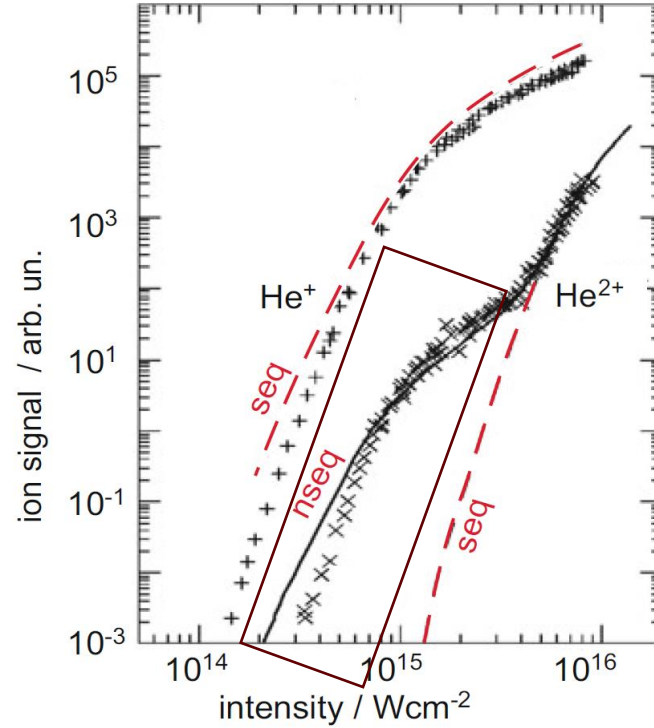
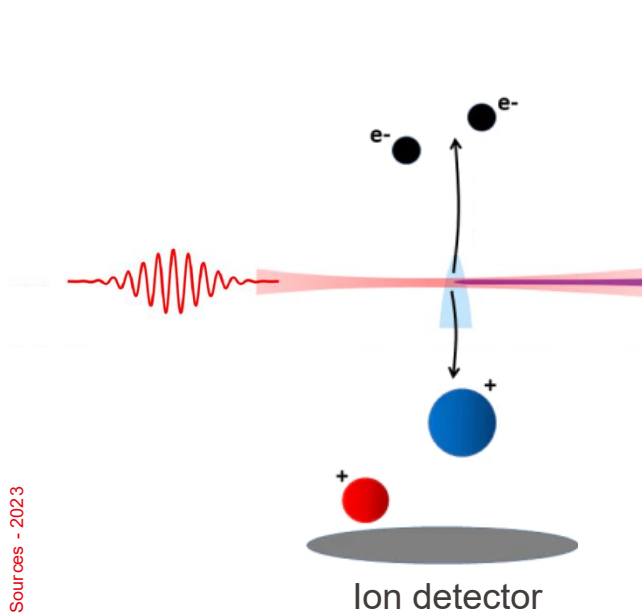
Cycle AVERAGE

$$\frac{1}{T} \int_0^T f(t) dt \quad U_p = \frac{1}{2} m_e v^2 = \frac{e^2 E_0^2}{4 m_e \omega^2}$$

KELDYSH parameter  $\gamma = \sqrt{\frac{W_I}{2U_p}}$

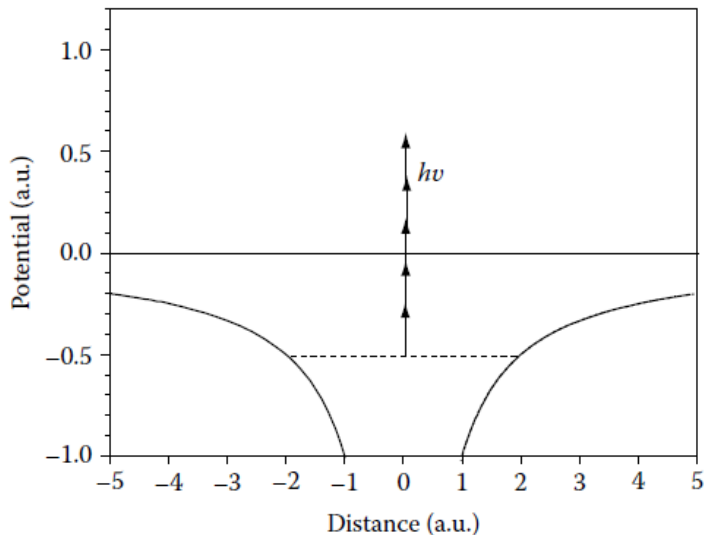


- deviation from perturbative scaling
- saturation due to ground state depletion

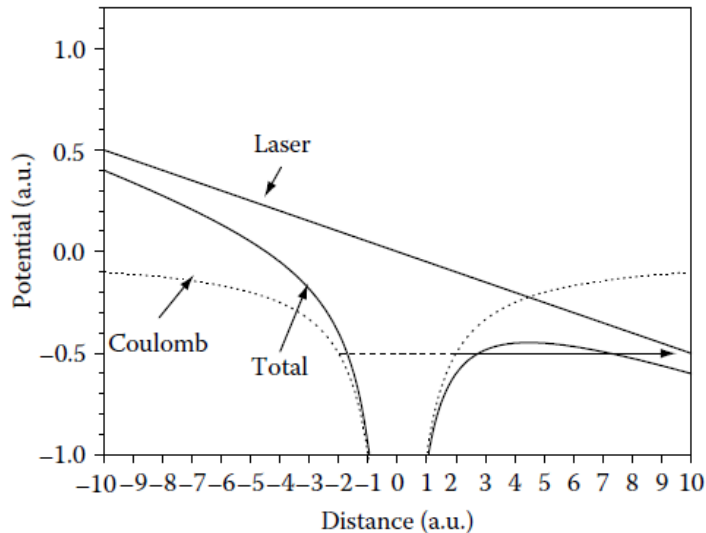


- Non-sequential double ionization (He)
- Evidence for “electron” re-scattering with to the parent ions

- At high intensities the electric field is comparable to the atomic Coulomb field

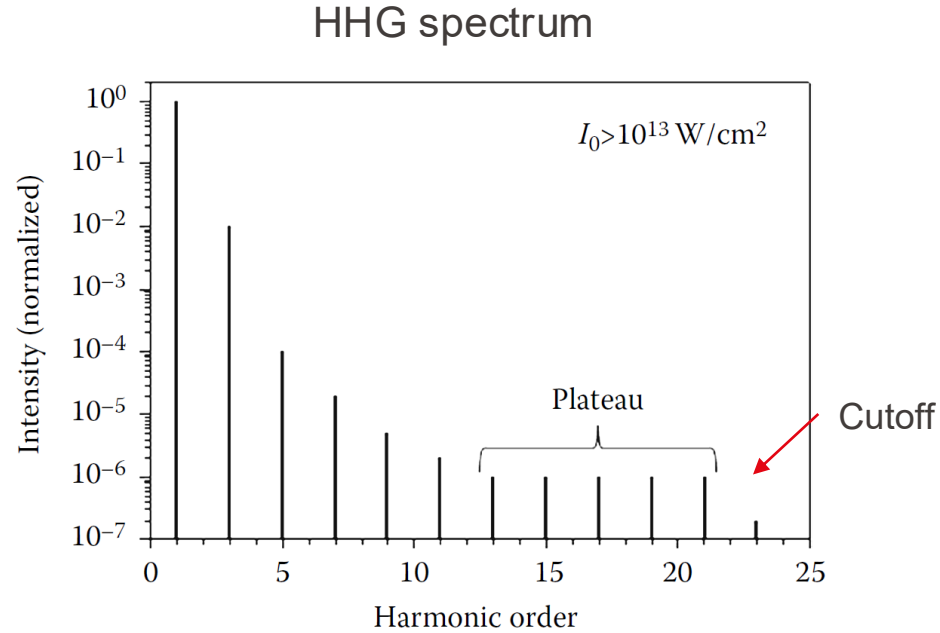


Atomic Coulomb field



Laser field + atomic Coulomb field

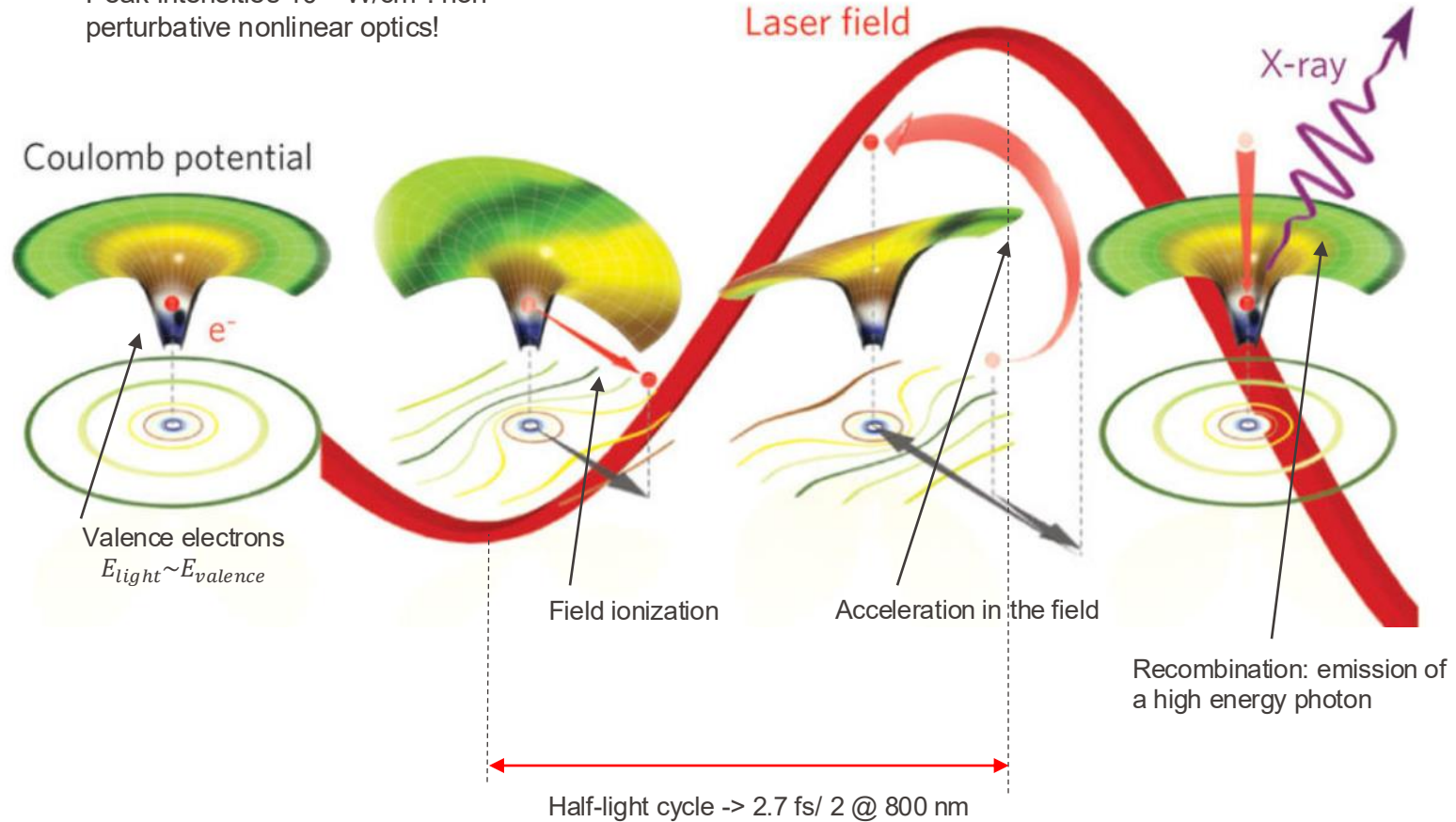
- Other ionization channels appears: the electron has a non-zero probability of tunneling outside the barrier : “field ionization”
- Many *strong-field* phenomena can be qualitatively understood in term of **semi-classical models**

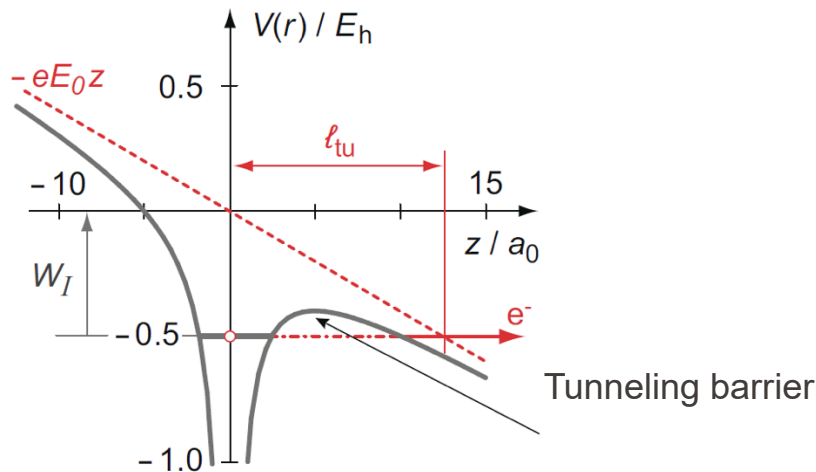
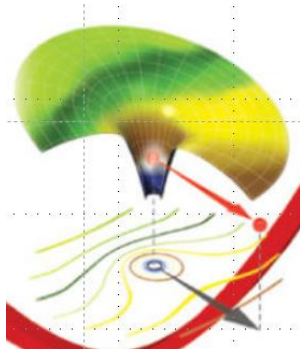


- How can we understand the harmonic generation process in terms of tunneling?
- Why there is “plateau” in the efficiency?
- $2\omega$  spacing?
- What determines the cut-off?
- What is the time structure of the harmonics?

# High-harmonic generation: three-step model

Peak intensities  $10^{14}$  W/cm<sup>2</sup>: non-perturbative nonlinear optics!





Tunneling “time”:

- Assume that electrons have a kinetic energy given by the binding energy ( $W_I$ )
- Assume it has to travel a (field-dependent) tunneling length

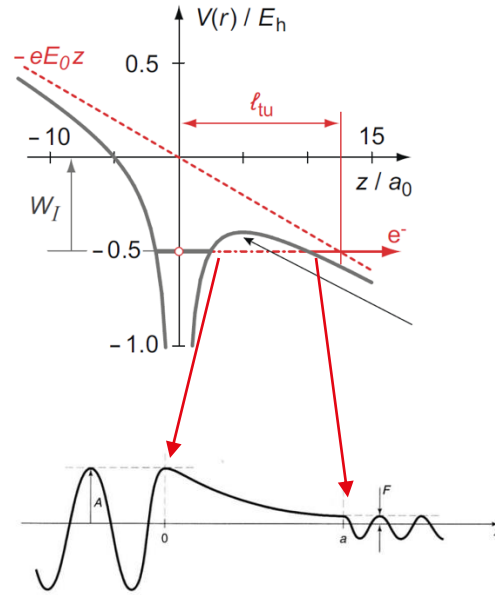
$$\ell_{\text{tu}} = W_I / (eE_0)$$

$$t_{\text{tu}} = \frac{\ell_{\text{tu}}}{v} = \frac{\sqrt{m_e W_I}}{\sqrt{2} e E_0}$$

$$\sqrt{2W_I/m_e}$$

$$\begin{aligned}
 & 2\pi \frac{t_{TU}}{t_{1/2}} = t_{TU} 2\omega \\
 & \left. \begin{array}{l} \text{TUNNELING TIME} \\ \text{HALF-CYCLE DURATION} \end{array} \right\} = \sqrt{\frac{m_e W_1}{2e^2 E_0^2}} 2\omega = \sqrt{\frac{W_1}{2} \frac{4\omega^2 m_e}{e^2 E_0^2}} \\
 & U_p = \frac{e^2 E_0^2}{4m_e \omega^2} \\
 & \left. \begin{array}{l} \\ \\ \end{array} \right\} = \sqrt{\frac{W_1}{2U_p}} = \gamma
 \end{aligned}$$

In the limit of small  $\gamma$ , we can treat tunneling through the barrier as a quasi-static process.



At a certain time  $t$ :

- 1d static tunneling problem barrier length =  $l(t)$  (depends on  $E(t)$  )
- Tunneling probability  $\rightarrow$  amplitude of the exponentially damped wavefunction

$$\psi(x) \propto \exp(-|k_x(x)|x)$$

Crude approximation: rectangular energy barrier, stationary solution

$$\frac{\Gamma_{\text{ion}}(t)}{\Gamma_{\text{ion}}^0} = \exp \left[ -\frac{1}{\hbar} \sqrt{2mcW_I} \ell_{tu} \right] \xrightarrow{\ell_{tu} = \frac{W_I}{cE(t)}} \exp \left( -\frac{\frac{1}{\hbar c} \sqrt{2mc} W_I^{3/2}}{E(t)} \right)$$

Electric field appear in an exponential function!

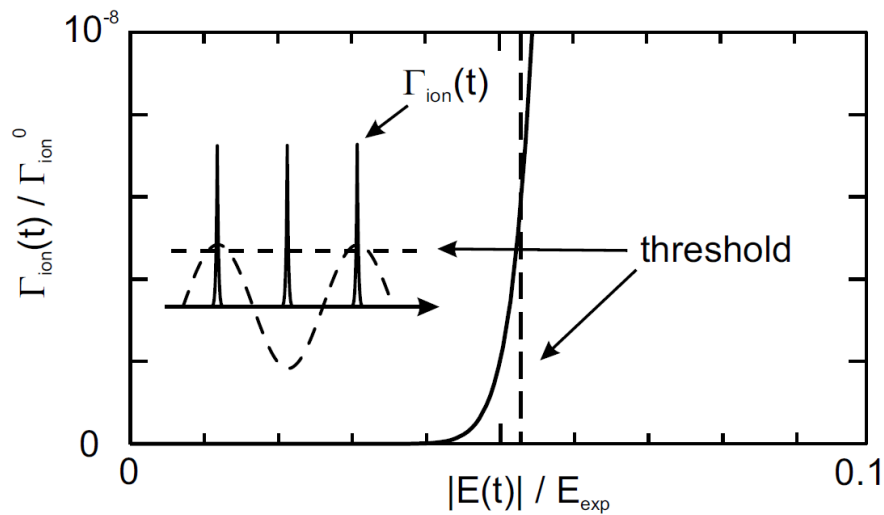
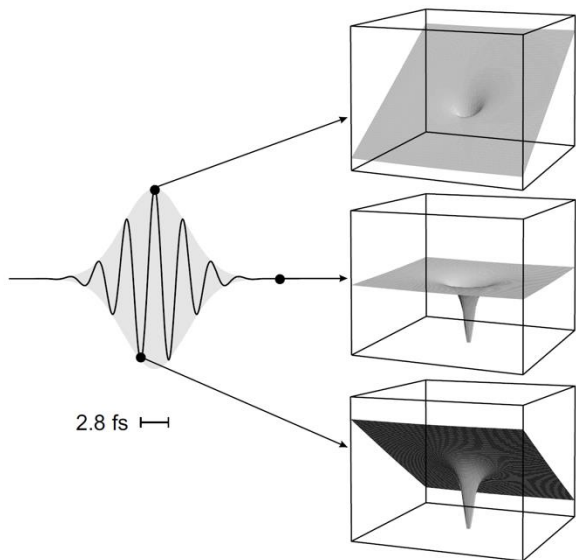
More accurate: ADK ionization rate (Ammosov Delone Krainov 1986)

TABLE 4.2 The ADK Parameters

	$F_0$ (a.u.)	$n^*$	$l^*$	$l$	$m$	$ C_{n^*l^*} ^2$	$G_{lm}$
He	2.42946	0.74387	-0.25613	0	0	4.25575	1
Ne	1.99547	0.7943	-0.2057	1	0	4.24355	3
Ar	1.24665	0.92915	-0.07085	1	0	4.11564	3
Kr	1.04375	0.98583	-0.01417	1	0	4.02548	3
Xe	0.84187	1.05906	0.05906	1	0	3.88241	3

$$W_{ADK} = |C_{n^*l^*}|^2 G_{lm} I_p \left( \frac{2F_0}{F} \right)^{2n^* - |m| - 1} e^{-\frac{2F_0}{3F}}$$

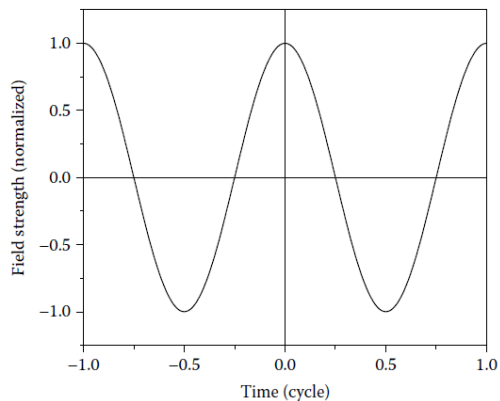
$$F[\text{a.u.}] = \sqrt{\frac{I[\text{w/cm}^2]}{3.55 \times 10^{16}}}$$



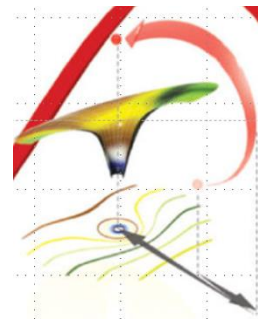
- Threshold-behaviour due to the tunneling probability
- Tunneling act as a fast ( $<$  half-cycle) shutter.
- Tunneling possible only for high field amplitude near the maximum

$$\exp\left(-\frac{\frac{1}{\sqrt{2}m_e} W_i^{3/2}}{\hbar c |E(t)|}\right) = e^{-\frac{E_{\text{exp}}}{|E(t)|}}$$

## STEP 2 – acceleration in the field



- A classical description give good physical insights: the coulomb potential is completely neglected compared to the laser field
- A more rigorous QM theory (Strong-field approximation) center of mass motion of the electron wavepackets follow classical trajectories



$$\frac{d^2x}{dt^2} = -\frac{e}{m_e} \varepsilon_L(t) = -\frac{e}{m_e} E_L \cos(\omega_0 t),$$

$$v(t') = 0 \quad x(t') = 0 \quad t' : \text{IONIZATION TIME}$$

$$x(t) = \frac{eE_L}{m_e \omega_0^2} \{ [\cos(\omega_0 t) - \cos(\omega_0 t')] + \omega_0 \sin(\omega_0 t')(t - t') \},$$

$x_0$

NUM. DISPLACEMENT

$$\frac{x(t)}{x_0} = 0 \quad \downarrow \quad \text{RETURN TIME?}$$

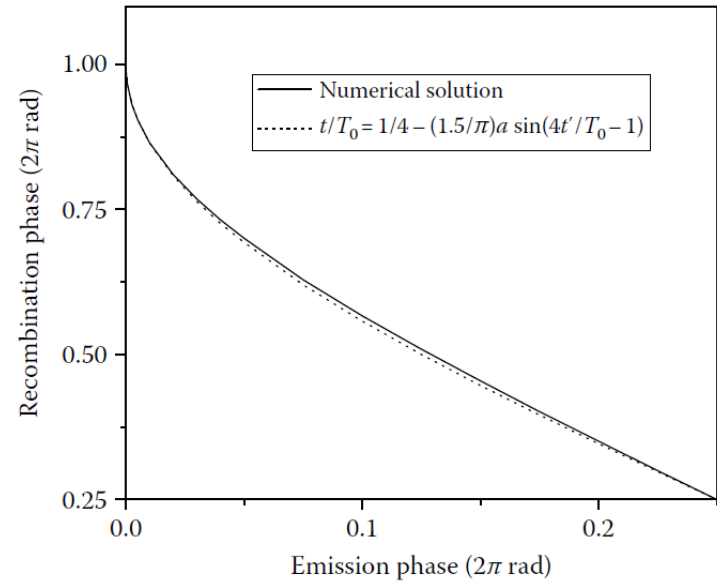
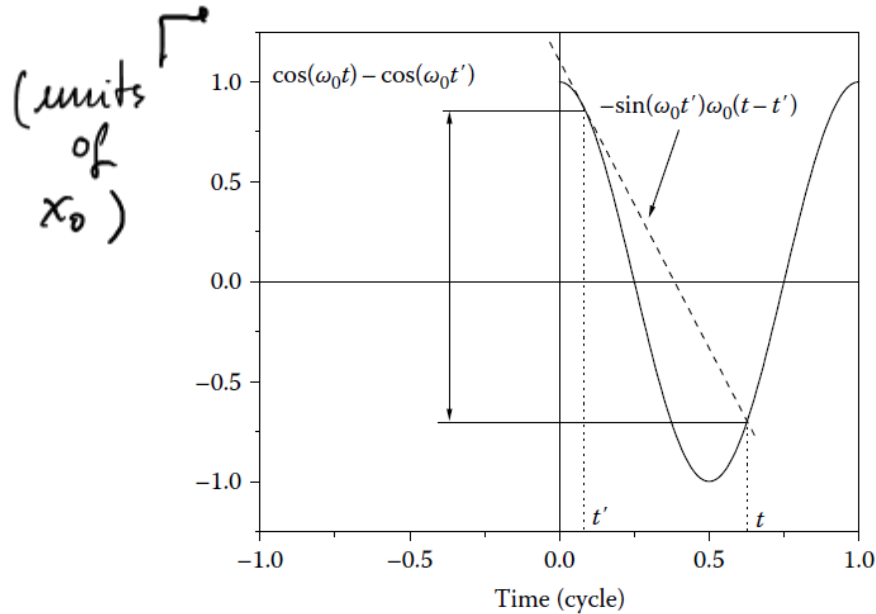
- The recollision time as a function of  $t'$  can be determined by the equation  $x(t)=0$

Equivalent form of  $x(t)=0$

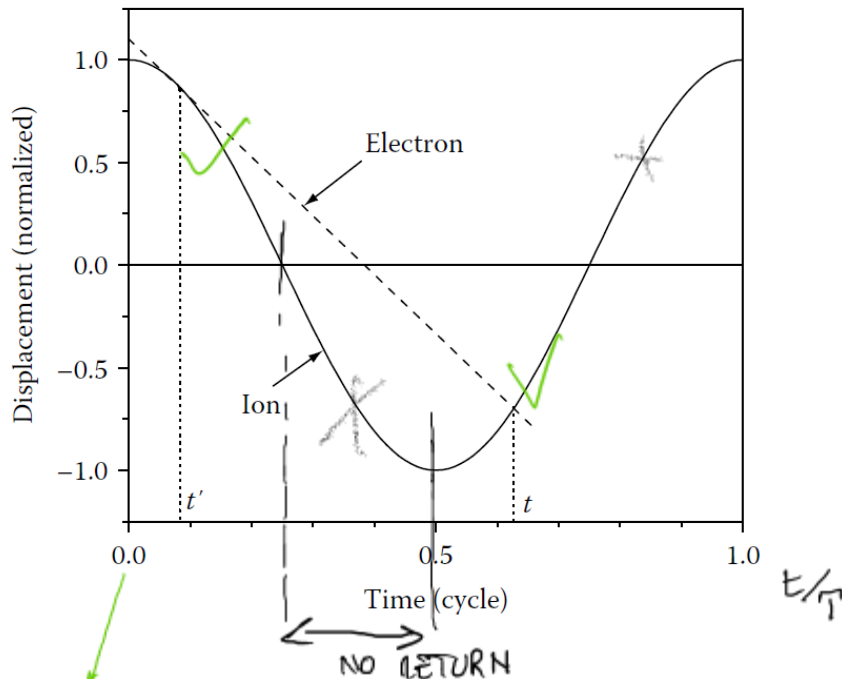
$$x(t) = \frac{eE_L}{m_e\omega_0^2} \{ [\cos(\omega_0 t) - \cos(\omega_0 t')] + \omega_0 \sin(\omega_0 t')(t - t') \},$$

Graphical solution:

$$\cos(\omega_0 t) - \cos(\omega_0 t') = \frac{d}{d(\omega_0 t)} \cos(\omega_0 t) \Big|_{t'} (\omega_0 t - \omega_0 t').$$



- Physical interpretation of the graphical solution:
  - ion moving in an oscillatory frame ( $x' = x - x_0 \sin(\omega_0 t)$ )
  - Electron performs a linear trajectory

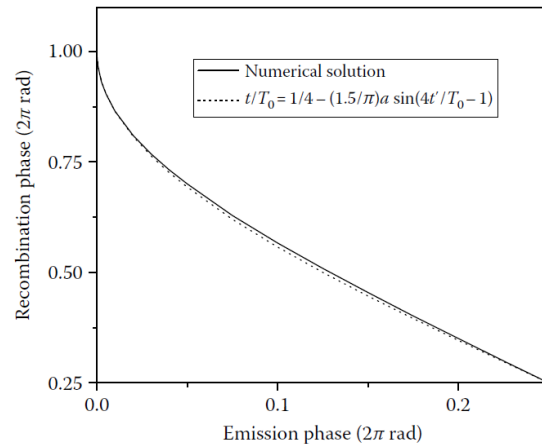
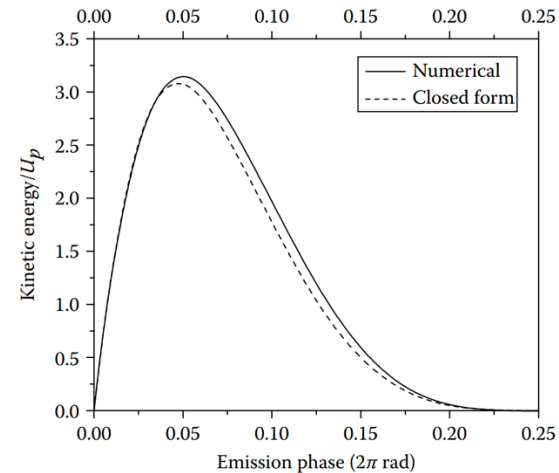
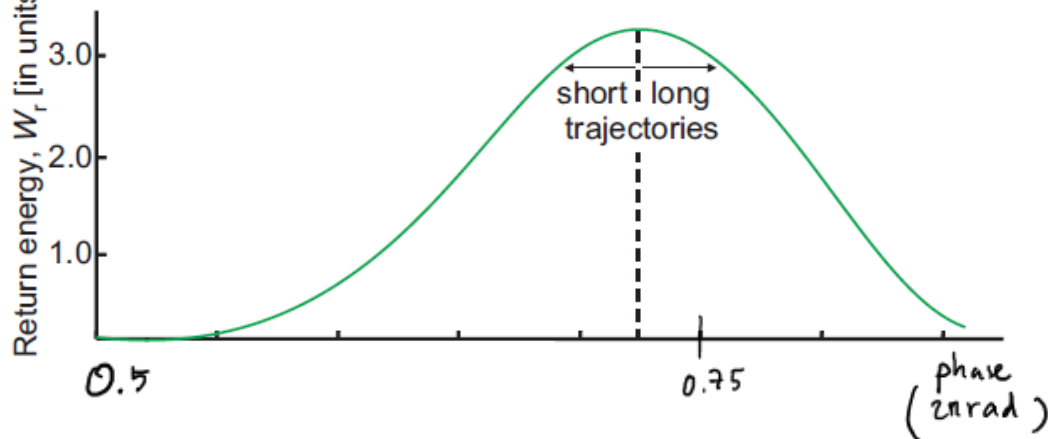
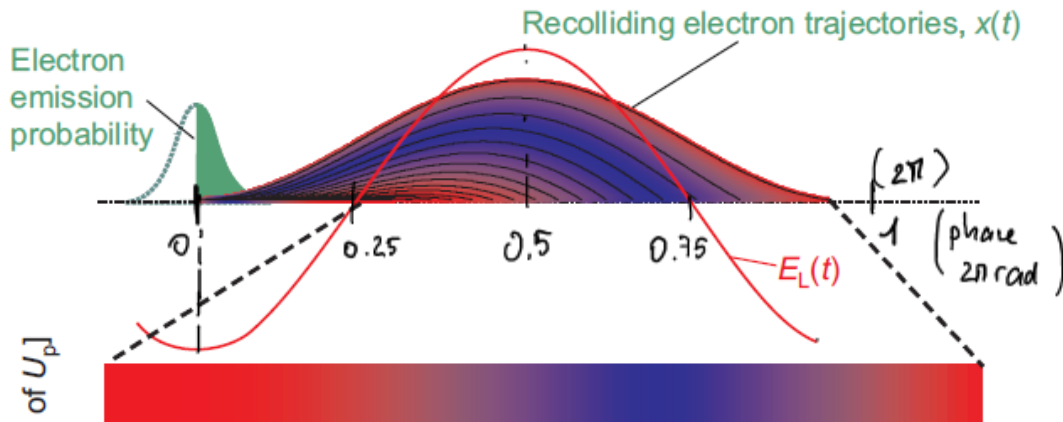


$\omega t' = 0 \rightarrow$  RETURN AFTER 1 CYCLE  $\omega t = 2\pi$

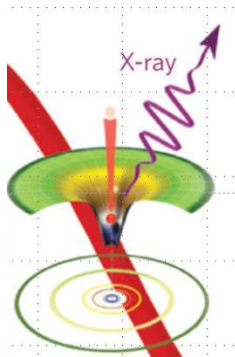
$\frac{\pi}{2} < \omega t < \pi \rightarrow$  THE ELECTRON DON'T RETURN

# Long and short trajectories

- Kinetic energy depend on the path in the field
- $\approx 0.5$  cycles = 1.3 fs @ 800 nm (FWHM < 1 fs)
- “atto-chirp”



## STEP 3: recombination

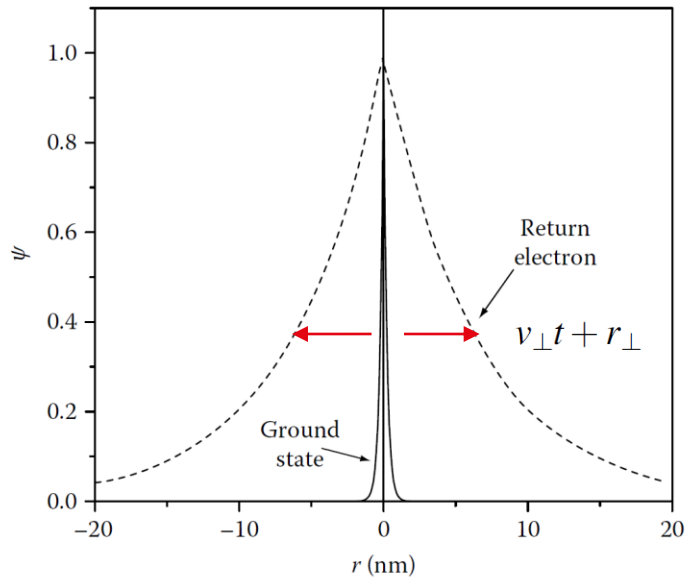


- This step determines the efficiency of the process.
- Quantum diffusion of the wavepacket

- Electron localized at ionization  $r_{\perp} \approx$  atomic radius
- Transverse velocity spread from position-momentum uncertainty

$$v_{\perp} = \frac{h}{m_e r_{\perp}}$$

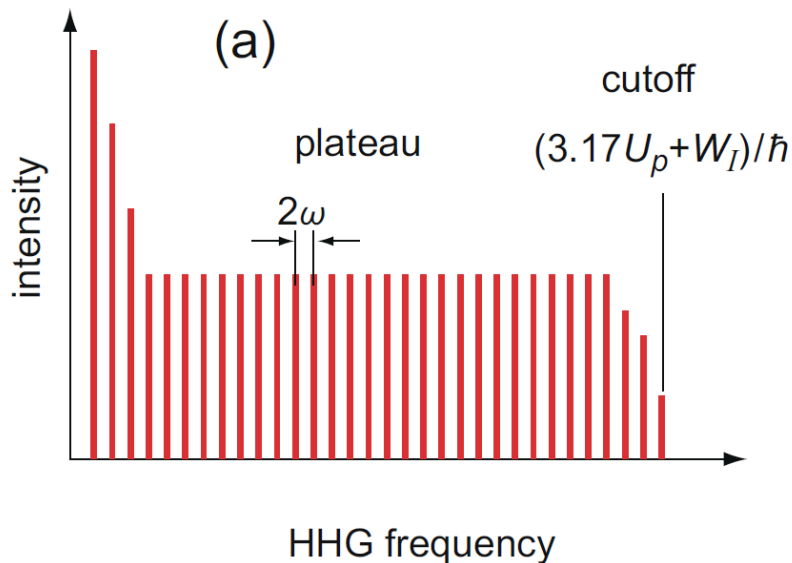
- Wavefunction width increases with time



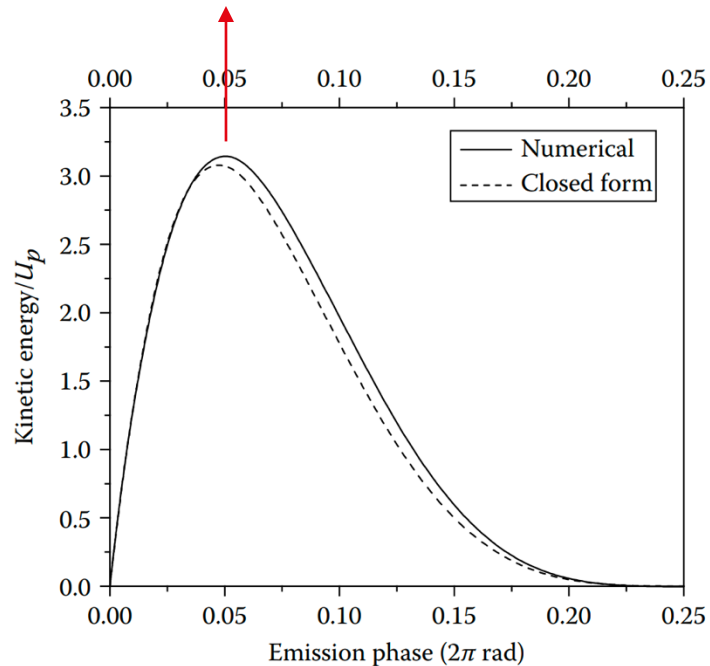
- The probability depends on the atomic species: heavier noble gases have higher probability

Emitted photon energy:

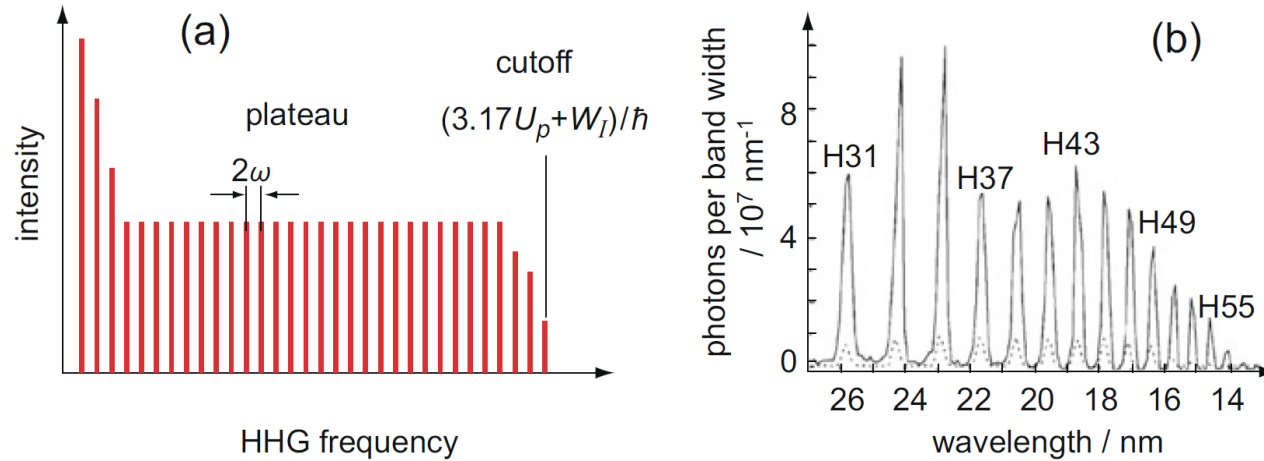
$$\hbar\omega_X(t) = I_p + \frac{1}{2}mv^2(t) = I_p + 2U_p[\sin(\omega_0 t) - \sin(\omega_0 t')]^2,$$



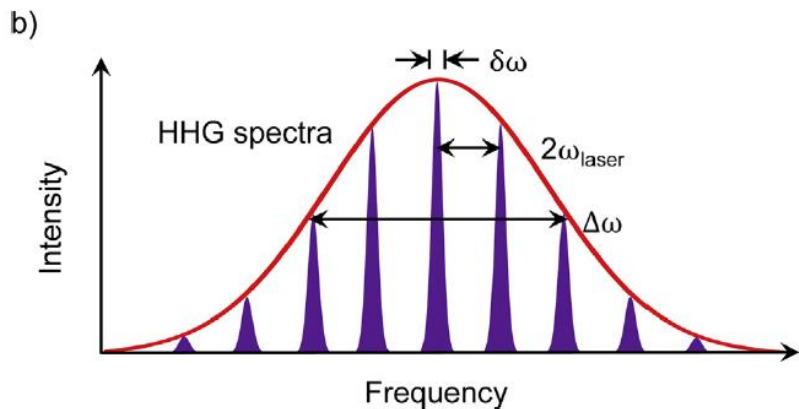
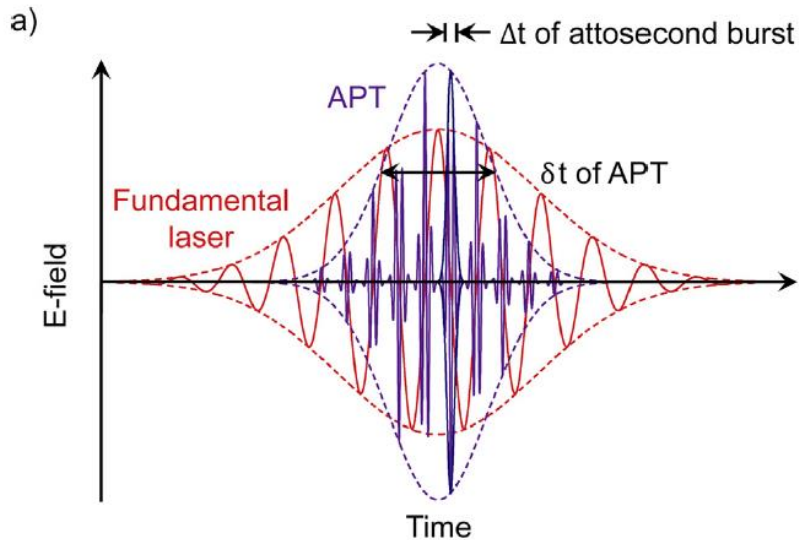
$$E_{cut} \approx I_p + 3.2U_p$$



- Our model shows that for every half light cycle there is a burst of short wavelength radiation, with a maximum energy determined by the cutoff



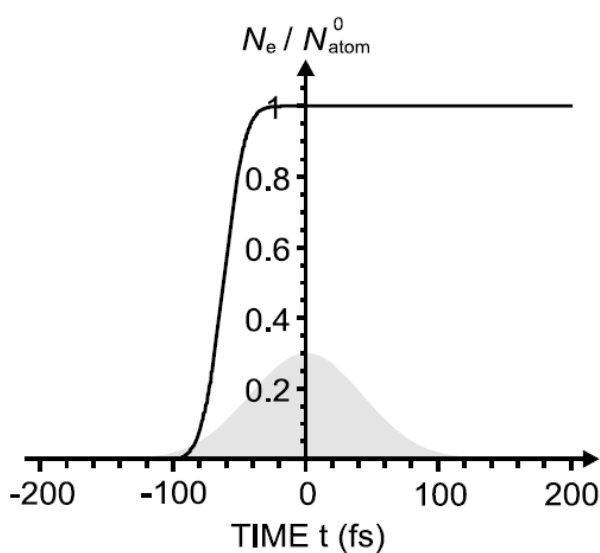
- Why do we observe harmonics in the frequency domain?



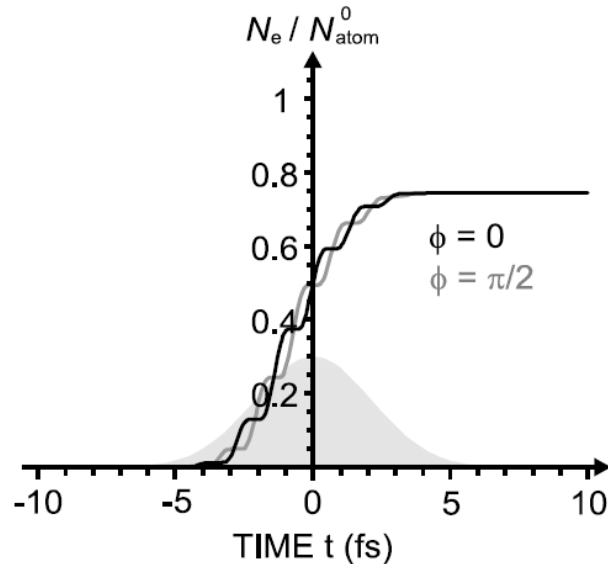
$$E_{\text{cut}} \approx I_p + 3.2U_p \quad U_p = \frac{e^2 \mathcal{E}_0^2}{4m\omega^2}$$

# Ground state depletion: Ionization fraction

$$N_e(t) = N_{\text{atom}}^0 \left[ 1 - \exp \left( - \int_{-\infty}^t \Gamma_{\text{ion}}(t') dt' \right) \right]$$



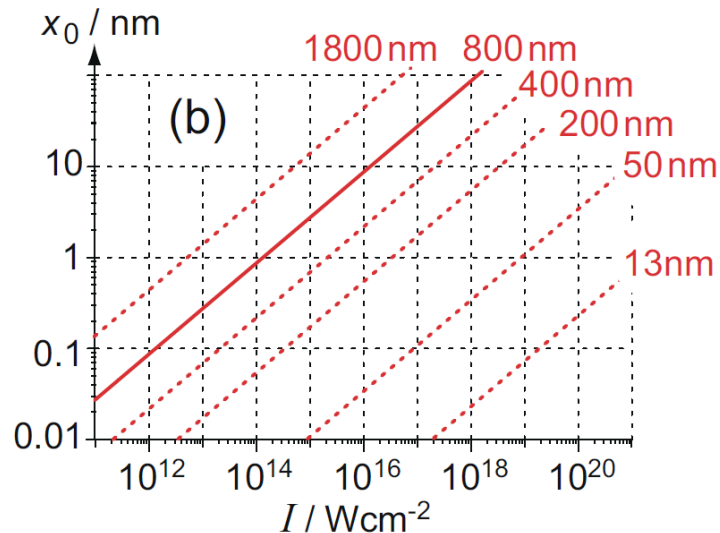
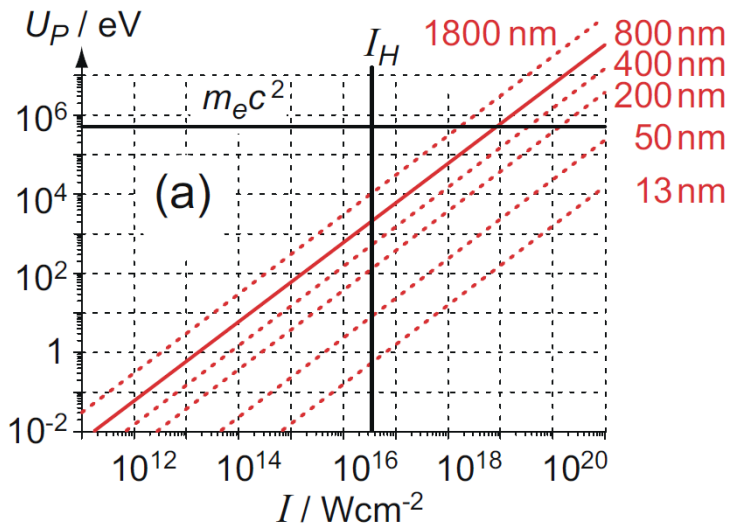
- For high intensity pulses with many cycles the leading edge ionizes the medium fully



- Few-cycle pulses are necessary to extend the cutoff!

# Wavelength scaling of HHG:

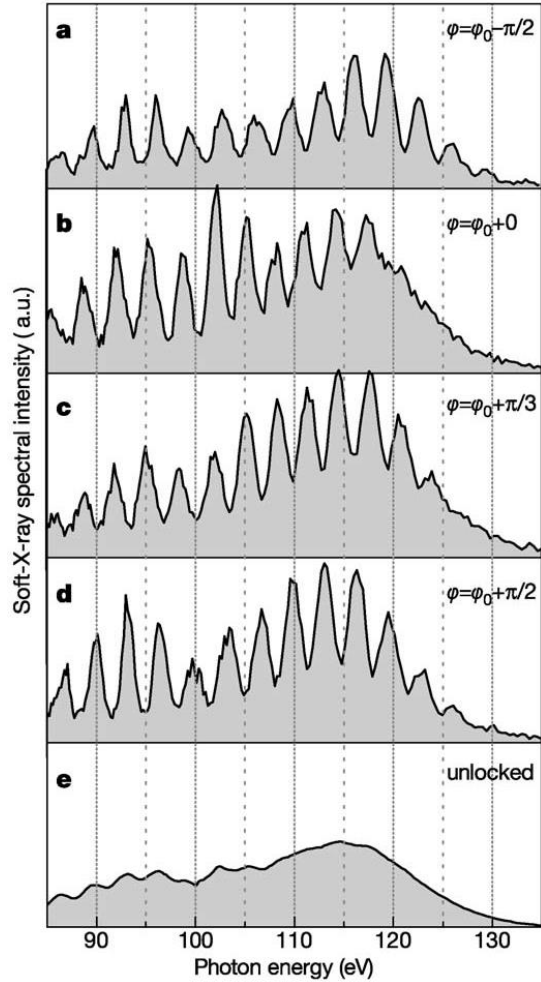
- Ponderomotive energy increase with the driving wavelength: higher cutoff



- The probability of recombination decreases with the driver wavelength: short wavelength are more efficient

NIR  $\eta \propto \lambda^{-6.9 \pm 0.2}$   $0.8 \mu\text{m} < \lambda < 2.0 \mu\text{m}$

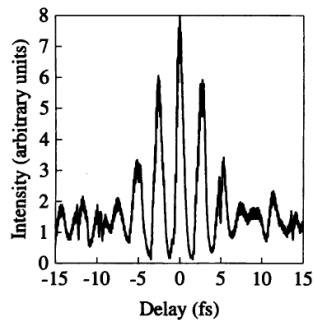
VIS  $\eta \propto \lambda^{-4.7 \pm 1.0}$   $0.5 \mu\text{m} < \lambda < 0.8 \mu\text{m}$



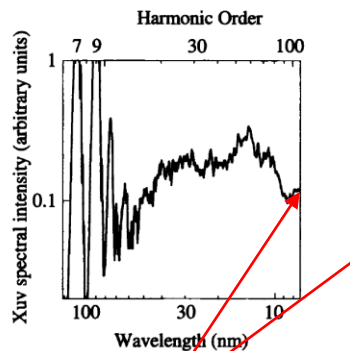
## CEP effects with few cycle pulses

Fig. 8.4. Measured EUV spectra from neon at 16 000 Pa (160 mbar) pressure. Excitation is with 5-fs pulses around  $\hbar\omega_0 = 1.5$  eV and at an estimated intensity of  $I = 7 \times 10^{14}$  W/cm<sup>2</sup>.

- Increase the field by shortening the pulse



Coherent EUV in the «water window»



C k-edge (280 eV)

